



With the support of the
Erasmus+ Programme
of the European Union

PROFESSIONAL TRAINING COURSE



TransformAction: Countering Social Conflicts in Youth Work

**4 - 11 NOVEMBER 2023
MARKUTISKES, LITHUANIA**



PARTNER ORGANIZATIONS



Lithuania
Tavo Europa



Austria
EMOTiC Consulting



Croatia
Culture Clash



Romania
Asociația Kasta Morrely



INNOWATORIUM
FUNDACJA WSPIERANIA EDUKACJI I ROZWOJU

Poland
Innowatorium Foundation



Hungary
Long-Term
Planning



Estonia
SEIKLEJATE
VENNASKOND



Czechia
EYCB



Latvia
Young Folks



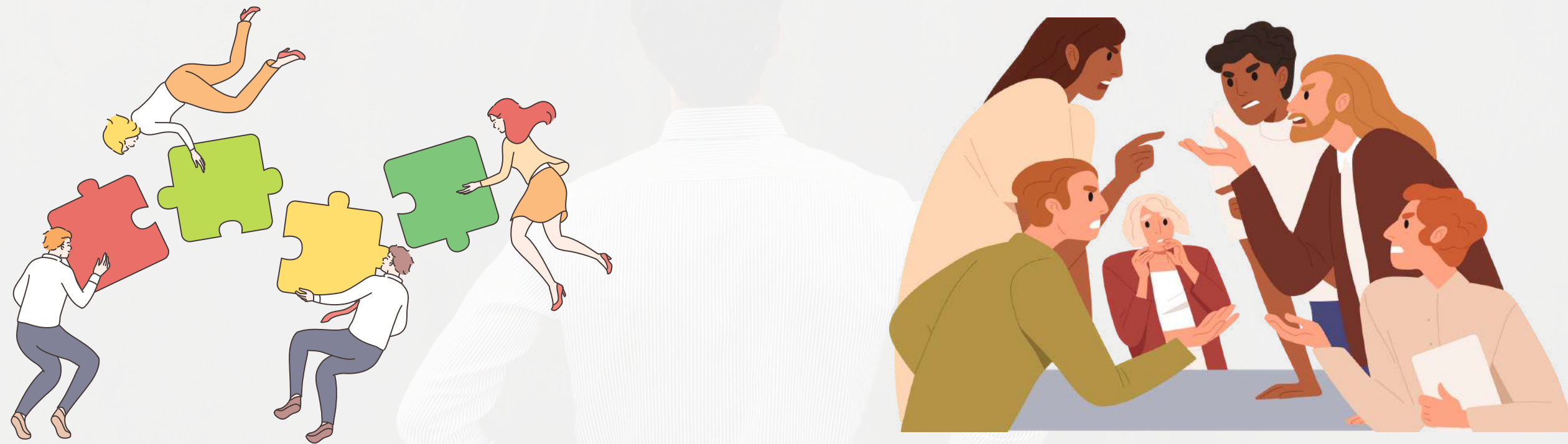
Latvia
New East

ABOUT THE PROJECT

Youth are the foundation of both our present and future, yet escalating conflicts compromise their potential and hinder their active civic engagement. Recognizing this, our training, "TransformAction: Countering Social Conflicts in Youth Work," aims to empower 28 participants from countries including Austria, Croatia, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Poland, and Romania with the skills to dissect community challenges and architect initiatives addressing grassroots issues for tangible positive change. These issues span environmental, social, civic, political, and other conflict areas impacting local communities. During the training, participants will collaborate with peers from their country to identify, design, and later implement initiatives. Topics range from environment, diversity, education, human rights, and youth empowerment to poverty, sustainability, and climate change. We've adopted a framework focusing on both visible and invisible violence, providing a comprehensive approach to solution-finding and the development of transformative skills to constructively address these challenges.

OBJECTIVES

1. Increase understanding of causes and dynamics of social conflicts such as exclusion, discrimination, inequality;
2. Acquire techniques and strategies for transforming -managing and resolving- social community conflicts;
3. Develop problem-solving skills to enhance youth social inclusion and help address their concerns;
4. Encourage critical thinking about the negative AND positive role of social conflicts in society and how to transform;
5. Enforce conflict transformation processes as an empowering tool for youth civic participation and inclusion;
6. Enhance the understanding of non-violent methods and tools for civic inclusion and social transformation;
7. Increase competences that improve civic involvement as agents and multipliers of social change on grassroots level;
8. Create and promote a concise training guide with an online library of resources that can be further used locally.



PROVISIONAL TRAINING COURSE PROGRAM

| | Arriva | DAY 1 | DAY 2 | DAY 3 | DAY 4 | DAY 5 | DAY 6 | Last | |
|------------------------|-----------------------------|---|---|--|---|---|---|---------------------------------|--|
| Date Time | 4 Nov | 5 Nov | 6 Nov | 7 Nov | 8 Nov | 9 Nov | 10 Nov | 11 Nov | |
| 09:30 11:00 | Arrival to the venue | Welcoming and teambuilding | Discovering conflict | from unwitting violence to witting action | Introduction to Conflict Analysis | Strategic Planning of Initiatives | Starting at 9 am Actions Presentations | Departure from the venue | |
| 11:15 13:00 | | Welcoming and teambuilding | Discovering conflict | Communication as a Transformation tool | Learning Conflict Analysis Tools | Designing of Conflict Transformation Initiatives | Harvesting Learnings | | |
| 14:30 16:00 | | Expectations & Recognition | Discovering Peace | Nonviolence and Solidarity in action | Applying Conflict Analysis to own conflict | Monitoring and Evaluation of Conflict Transformation Initiatives | Closing the journey | | |
| 16:15 17:45 | | Country Realities | Violence? Understanding violence | Building emotional and cognitive awareness about violence and nonviolence | Generating Initiatives (Ideation) | Building holistic Initiatives | | | |
| 17:45 18:00 | | Reflection time | Reflection time | Mid-Term Evaluation | Reflection time | Reflection time | | | |
| 20:00 | | Welcome Dinner | Intercultural Night | Community Time | Community Time | Community Time | Community Time | | |
| | | | | | | | | | |

07:45-08:45 Breakfast 11:00-11:15 Break (JUST Coffee & Tea) 13:00 to 14:30 LUNCH Break 16:00-16:15 Break (JUST Coffee & Tea) 19:00 - 20:00 Dinner Time

PARTICIPANTS

This training course mobility is open to youth workers between 20 and 30 years old. We are looking for an equal number of 3 participants from each of the following countries: Austria, Croatia, Czech, Estonia, Hungary, Latvia, Lithuania, Poland, and Romania. Only Latvia will have 4 places, 2 for each Latvian partner.



You can participate if you are:

- Older than 18 years old;
- Able to communicate in English;
- Be a citizen or a resident of one of the included countries of the participating organisations;
- Able to fully and actively participate in the whole duration of the activity and in all sessions;
- Motivated to take part in a mutual learning process in a highly intercultural setting;
- Be curious, appreciate diversity and learn about each other's realities;
- Ready to support dissemination and visibility activities online and offline.
- **Able to implement the follow-up initiative within 2 months after participation.**

PRACTICALITIES

All those eligible for participation and interested in this training course should fill in the following application form by the latest **15 October 2023** in order to be considered for the final selection.



Form link is [here](#).

Project page: <https://www.emotic.org/transformation>

ONCE SELECTED

Before the training course:

- Check the conditions for travelling to Vilnius, Lithuania back to your country.
- Purchase and collect all travel tickets after consultation and agreement with the coordinating organization.
- Cooperate with the participants from your country and prepare together for the trip and the mobility.
- Do the preparatory and "homework" tasks in your national group.

During the training course:

- Actively participate in all workshop sessions and the planned activities.
- Take part in the dissemination of the results of the mobility (posts on Social Media, videos, blog posts, etc).
- Deliver all travel documents to the coordinating organization (TAVO EUROPA).

After the training course:

- Disseminate results, both offline and online (send all the documentation/pictures to the organizers).
- **Implement the local follow-up initiative that you designed with the national team during the training.**

JOURNEY

Procedures:

1. Fill in the application form to apply before 15 October
2. Wait for the selection results by your sending organisation

Once selected

3. sign the participation agreement within 48 hours of selection;
4. send us (coordinator) a travel route suggestion including costs,
5. wait for approval/modification of the travel plan,
6. purchase the travel tickets by yourself immediately once confirmed, you should do your best to buy tickets before 18 October.
7. send us the booking confirmations and invoice as PDF (no screenshots);
8. travel and participate in the training course & enjoy yourself,
9. send us all travel documents once back home,
10. implement the local follow-up initiative & dissemination activity,
11. receive the refund of your travel tickets.



Participants are expected to arrive in Vilnius no later than 4th November 2023 and depart no earlier than 11th November 2023.

VENUE

The training will be held at the La Villa Royale near Vilnius, Lithuania. All participants should take a bus/train from the airport “Oro uostas” station to the city center “Stotis” station, then take a bus from “Vilnius Bus Station” to “Markutiškės” station . Vilnius Bus Station is 2 minutes walk from Stotis station. **On your way to the Markutiškės station, you should write us in the WhatsApp group and we will come to the station to pick you up by car.**

You will be accommodated in rooms with 2 – 4 beds, which you will be shared with participants of the same gender, however, mixed with participants from other nationalities who are also participating in the training course. All meals will also be provided by us at the same venue.

Address of the Venue: La Villa Royale: [Trakų rajonas Markutiškių kelias 28 Trakų rajonas, Markutiškių kaimas, 21103, Lithuania](#)



REIMBURSEMENT

All costs related to the training course, food, accommodation, and other practicalities are covered.

We (TAVO EUROPA) are not responsible for any fee that you might have to pay for your sending organisation.

The travel costs will be reimbursed up to the determined limit. Any amounts beyond these limits must be afforded by the participants themselves. Buying tickets is the own responsibility of each participant (with the support of sending organizations, after the approval of the coordinating organisation). To be reimbursed, the participant has to provide all evidence of travel documents such as original train tickets, original boarding passes, original invoices, etc. as well as the evidence of payment (e.g. bank transcript of payment). Before purchasing the tickets you will need to send us potential routes and costs and wait for our confirmation. The implementation of the local follow-up is a must for the travel refund. **Tickets should be purchased by latest the 30 September, the travel budget will be reduced/limited by the price of tickets on 30 September. If you buy the ticket after 30 September, and the price is higher than the price on 18 October, you will have to afford the difference by yourself., you will have to afford the difference by yourself.**

If you want to arrive earlier in Vilnius, or leave later, and still receive your travel refund, it's possible to arrive max. two days in advance OR leave max. two days after the mobility, in total max four days extra. Please be informed that you will have to take care of your own costs and expenses on these extra days. The official arrival day is **4th November 2023** and the official departure day is **11 November 2023**. If you arrive earlier or leave later and the cost of travel on these days is more than the cost on the official days for travel, we will consider only the costs for the travel on the official days, and you should cover the extra different amount.

Other important details for the reimbursement of the travel costs:

- Missing or lost tickets/boarding passes will not be reimbursed;
- Travel agency fee charges are not reimbursed, please book your tickets directly;
- Boarding passes for all the parts of air travel are essential for reimbursement.
- Refund is conditional to dissemination & follow-up activities & filling all needed forms.

Limits of travel costs:

- Lithuania - 20 €
- Austria - 275 €
- Croatia - 275 €
- Czechia - 275 €
- Estonia - 300 € (Green travel)
- Hungary - 275 €
- Latvia - 200 € (Green travel)
- Poland - 300 € (Green travel)
- Romania - 275 €

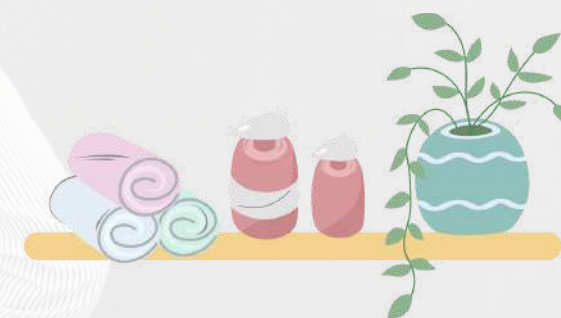
Green travel is by own car, bus, or train.

Only tickets with the small personal bag and the cabin bag of 8-10kg, without check-in luggage will be refunded.



PACKING LIST

- Passport/ID card;
- Any needed medicines;
- Insurance (please bring your EHIC card or the equivalent)
- Comfortable walking shoes and clothes for outdoors;
- Towels and Shampoo (***those are not provided by the hostel***);
- Sweets/Cookies from your country;
- Flags, Games, songs, dances, quizzes, and traditions to represent!.



HOW TO CONTACT US

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