With the support of the Erasmus+ Programme of the European Union

YOUTH EXCHANGE MOBILITY

Embracing Diversity and Inclusion

4 - 12 SEPTEMBER
VIENNA, AUSTRIA



This youth exchange was organized by the
European Multidisciplinary Organization for Training and international Consulting

www.emotic.org

with the support of the European Union within the ERASMUS+ Programme
through the Austrian National Agency OeAD

This e-dossier was created by the participants to document their experience and to have this document as a memory to look back at the time they have spent in Vienna and possibly use this document for inspiration in future activities.
All content in this document represents only the opinions of the participants. Both the European Union and the host and coordinating organization EMOTiC can not be held responsible for any of the content mentioned in this document.

Project webpage: https://www.emotic.org/embracing-diversity

Project blog: https://www.emotic.org/post/youth-exchange-embracing-diversity

Project card: https://erasmus-plus.ec.europa.eu/projects/search/details/2022-1-AT01-KA152-YOU-000067245

OBJECTIVES:



Develop	develop the ability to use digital technologies competently and positively among young people in the field of active citizenship (creation, work, sharing, socializing, research, play, communication and learning);
Promote	promote active and responsible participation of young people (values, skills, attitudes, knowledge and critical understanding) in communities (local, national, global) at all levels (political, economic, social, cultural and intercultural)
Ensure	ensure that young people use digital technologies with unconditional respect for human rights and dignity;
Increase	increase intercultural awareness of the participants and feeling of belonging to the European community;
Increase	increase foreign language competences of participants;
Increase	increase knowledge of participants and their motivation to take part in Erasmus+ programme

1. DAY



On the first day of the project, we made a presentation on the perspective of our countries on diversity and inclusion. We were able to see the problems in our own country better and learned about the initiatives and problems of other countries in this regard.









We organized an intercultural night in the evening and shared the local dishes and desserts we brought from our own country. We talked about our countries and learned new information.





2. DAY



We started our second day with 'diversity and inclusion Bingo'. This event made us think on behalf of ourselves and our country. We focused and talked about our own experiences. We held discussions on behalf of our experiences and problems in our countries.

Some questions,

'The most known act of exclusion in your county'

' A stereotype about yourself '

' A benefit of ERASMUS + for diversity and inclusion '

we arranged a flower garden for ourselves, and each of us drew a flower and listed the values that are most important to us. This event created awareness for us about what should be valuable and important in our lives.









We played a game in which each of us was given different professions and life conditions, we did not know who we were at the beginning of the game. We tried to form a family of three in the game and then we learned ourselves by asking questions.

this game allowed us to improve our empathy skills. Sometimes we were not wanted in some families, and sometimes we did not want it. We learned how striking our smallest acts can be to others, and we talked about our experiences.







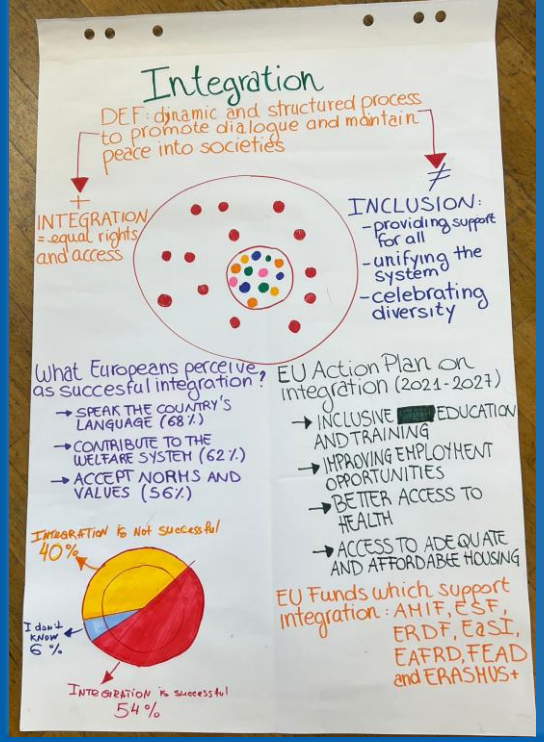




In addition to this topic, we played many games that made us think as a group. This activity was a 'Community Survival' game. While playing this game, we learned how easy it is to solve problems when you act together and with a plan.

DAY 3

We talked about some topics and prepared presentations as international groups. We learned how to work as an international group and we gained information about each topic.







DAY 4

We learned new terms;

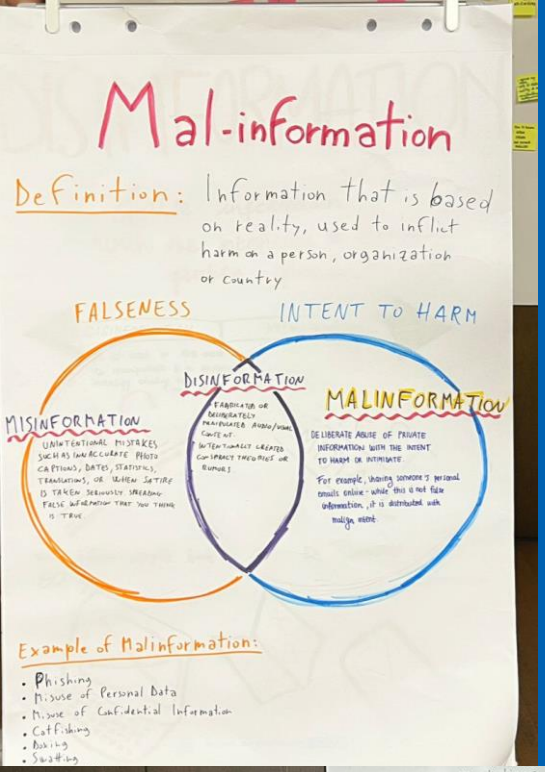


Disinformation is purposefully false or misleading content which is created with an intent to deveive and cause harm

Misinformation is a content that is false, misleading or taken out of the content and shared without an intention to harm







Malinformation is a genuine information, that is shared with the intent to harm.



DAY 5

We performed theater on the examples of discrimination we face in the world today. The point that made these theaters important was that after the theater was over, we talked about how to solve this problem and tried to eliminate discrimination by making changes in the plot.



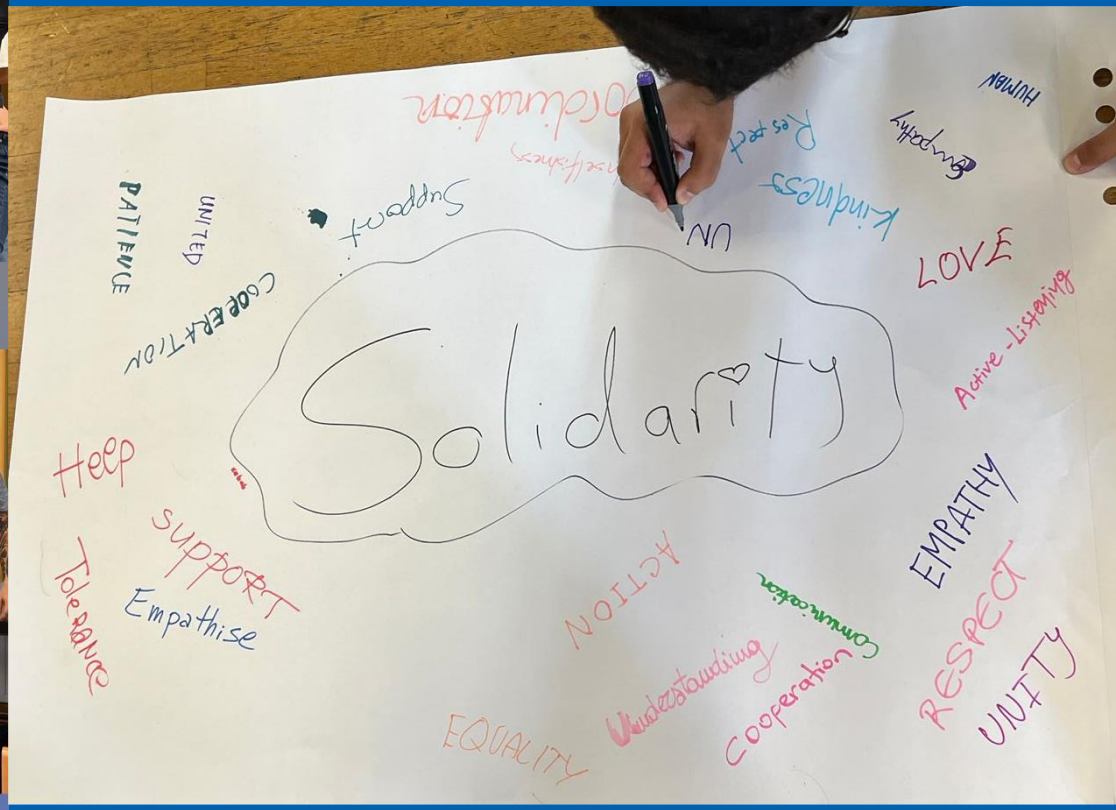








We played games that allowed us to empathize. These games made us understand how discrimination feels, and we wrote down the most important items for community solidarity.









We prepared banners about diversity and inclusion…


Racial
Gender
Religious
Equality
What equality there is no liberty
Route 66
SINCE 1926
U.S.A


MORE EQUALITY
MORE HOPE
MORE HUMANITY
MORE PRIDE
MORE ACCEPTANCE
MORE LOVE
CLOSE THE GAP
MEN OF QUALITY SUPPORT WOMEN'S EQUALITY
SNOOPY
CANARIAS
I'm a woman and I can drive
I'm a woman & I have muscles
I'm a man and I cry
I'm a man and I'm afraid of spiders
I'm a man and I'm a HUMANISTE
I'm a man and I'm not HANDY
I can cook and I can clean

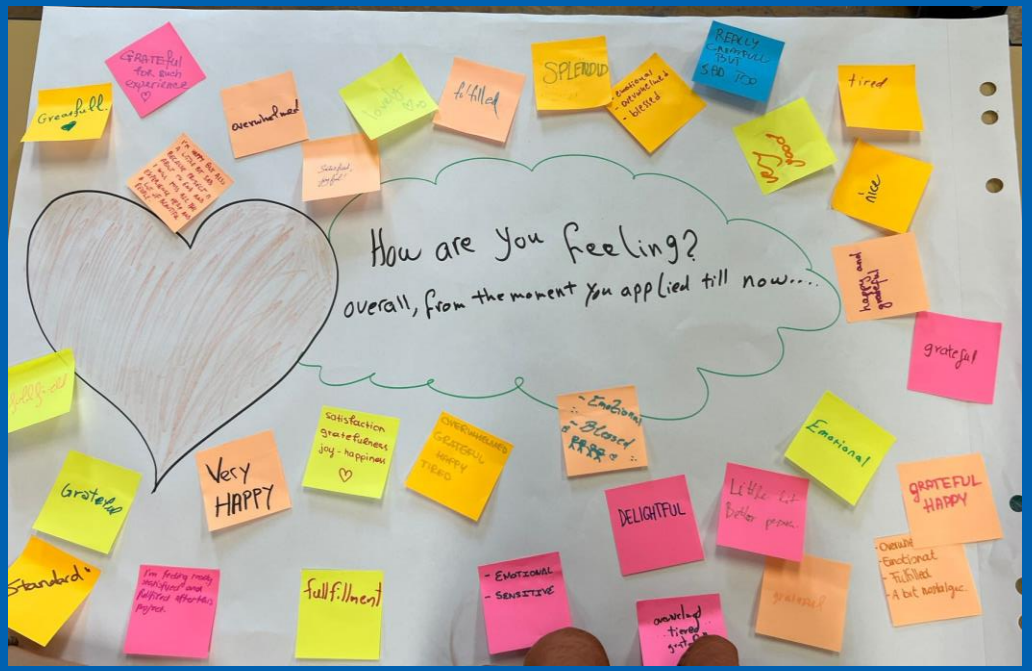
DAY 6

Since it was the last day of the project, we made a general evaluation of the project. We discussed our expectations and fears that we wrote on the first day and talked about how much this project has affected us.






Participants
Group leaders
Venue
Food


How are you feeling?
overall, from the moment you applied till now....
Very HAPPY
DELIGHTFUL
fullfillment
Emotional
GRATEFUL HAPPY
grateful
Grateful
Satisfaction
gratefulness
joy - happiness
- Emotional
- Sensitive


How are

We got our ‘Youthpass’





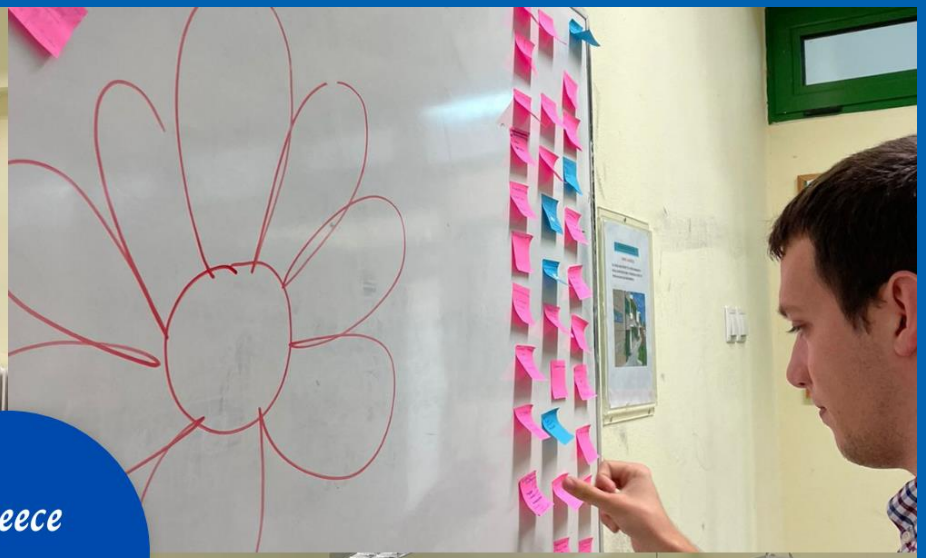
And we figured out our secret friends and exchanged presents and postcards!











Greece
Follow-up





After we returned home we organized follow-up and dissemination activities for more than 150 other young people.

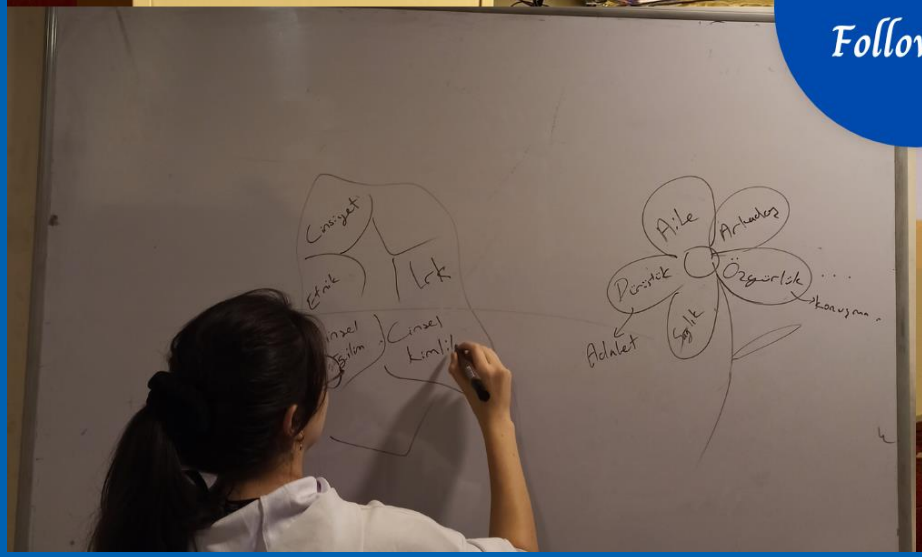


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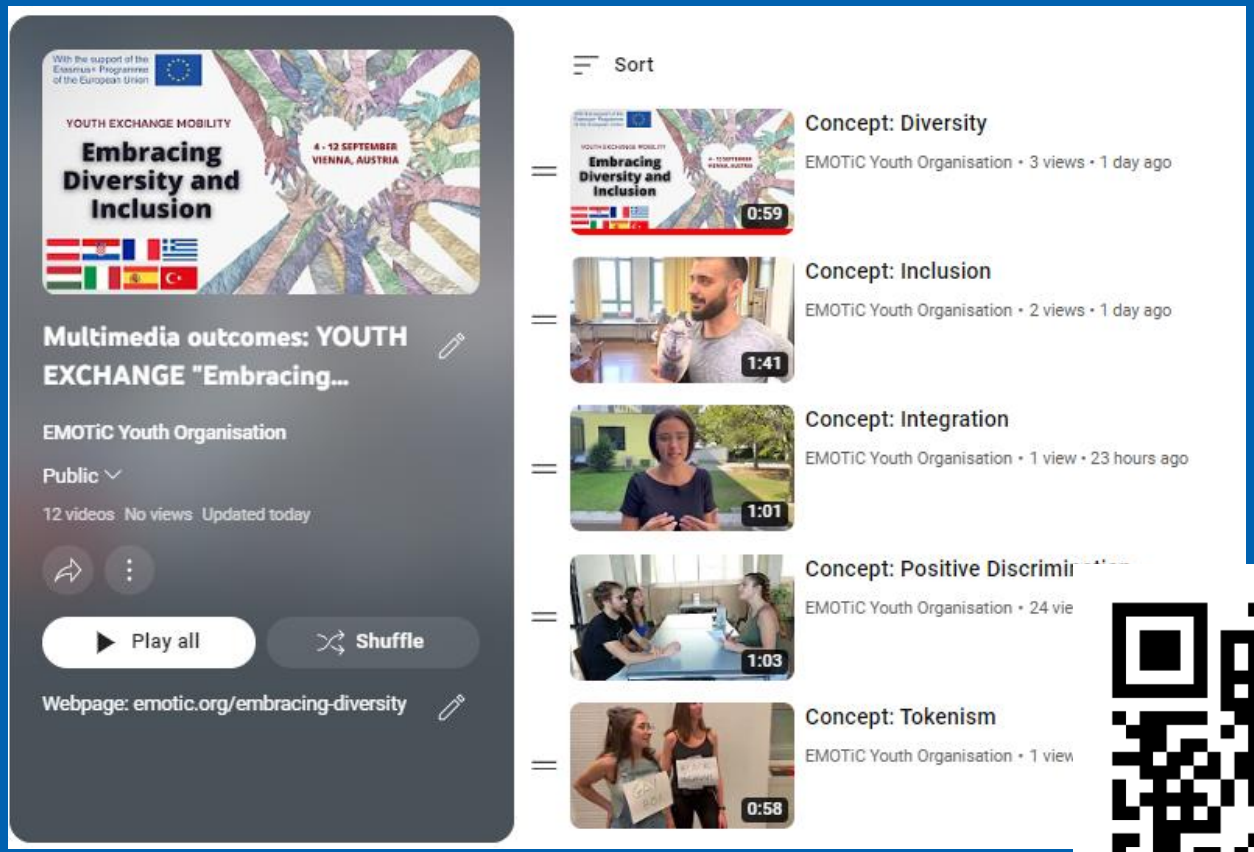


Türkiye Follow-up





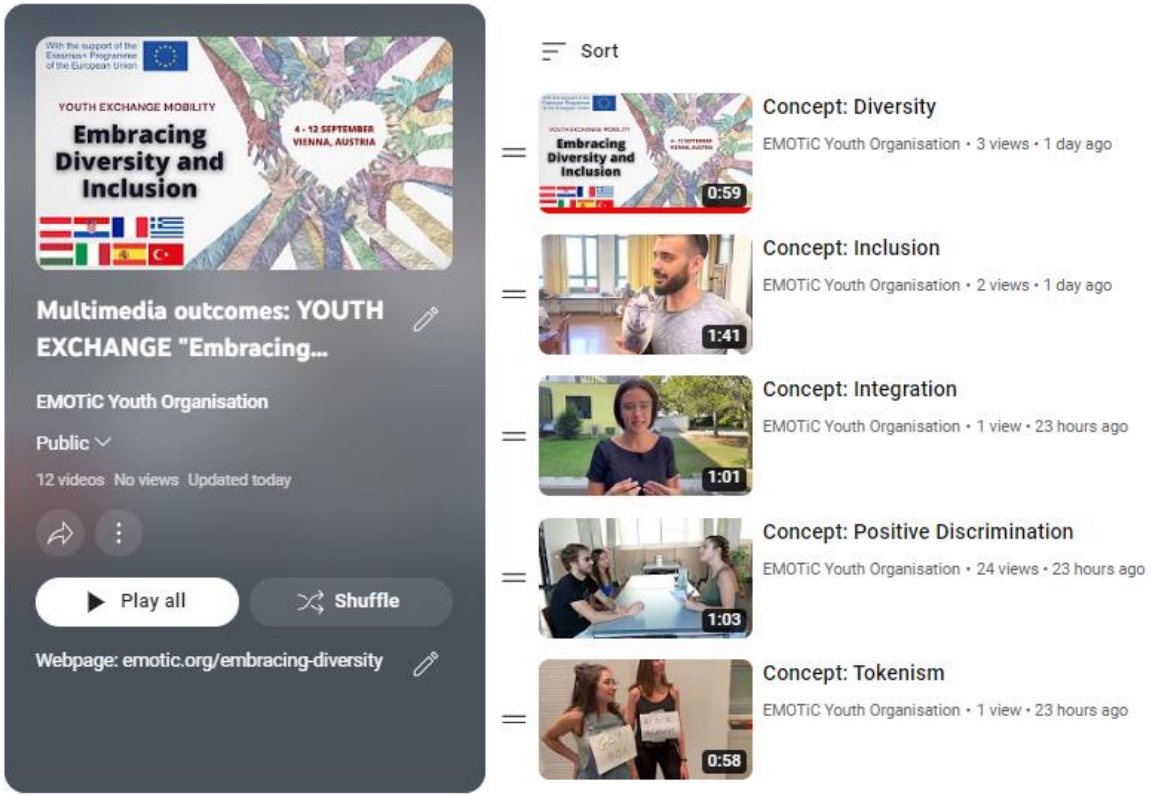
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We have also created many multimedia resources and made them public!

EMOTIC

European Multidisciplinary Organization
for Training and international Consulting



Link:

https://www.youtube.com/playlist?list=PLyVuJ53_BMpUARxwvTXqCMNVTAy8zv1dL

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Erasmus+

Enriching lives, opening minds.

Of course we didnt forget to have fun and explore the city ☺



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