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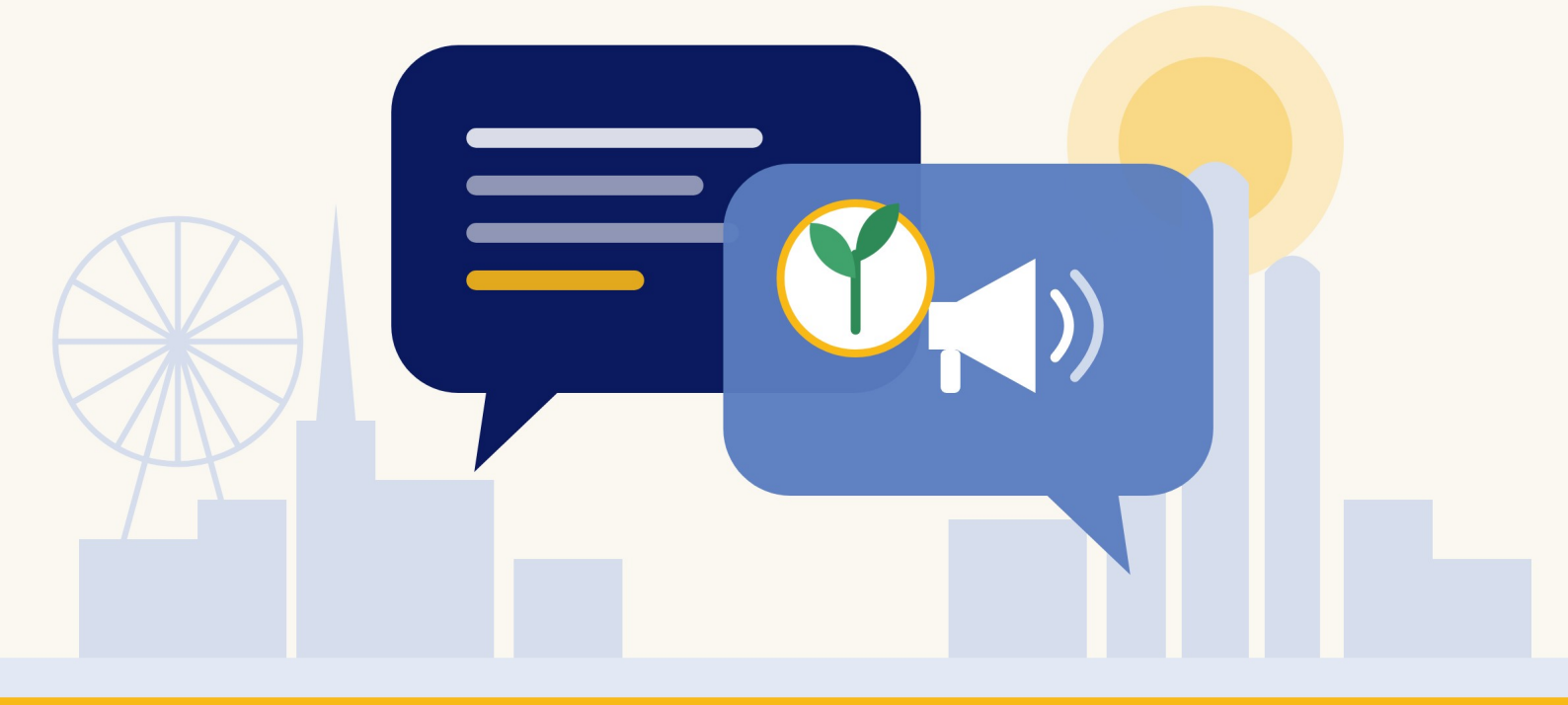
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European Multidisciplinary Organization for Training and international Consulting

Mediation and Advocacy

Competences and Tactics for Sustainable Futures

Erasmus+ Training Course for Youth Workers (KA153)



Vienna, Austria · 10–17 November 2026

32 youth workers from 9 countries · including arrival and departure days

Austria · Croatia · France · Italy · Latvia · Tunisia · Algeria · Egypt · Lebanon

Apply as soon as possible – by 28 October 2026

Application form: https://forms.gle/w8TmdUPx2cTBm9yu9

Co-funded by the European Union

Project number
2025-3-AT01-KA153-YOU-000377955

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the Austrian National Agency (OeAD). Neither the European Union nor the granting authority can be held responsible for them.

1. About the Training Course

Climate and environmental protection have been among the top concerns of young people in Europe for almost a decade – in the EU Youth Survey they rank first or second, next to the cost of living. Yet many young people are turning away from climate action. They see activism as a risk to their social life, wellbeing or career, and they doubt it changes anything when decision-makers do not respond. The result is a mix of climate anxiety, frustration and distrust.

Youth workers can help young people turn that frustration into peaceful, constructive action – but they need the tools to do it. In preparatory surveys and meetings with our partner organisations, youth workers asked for three things:

- **Mediation tools** – practical models to analyse and transform climate-related conflicts in communities, schools and youth groups.
- **Advocacy skills** – peaceful ways to raise young people's voices and reach decision-makers: non-violent communication, negotiation, stakeholder mapping and campaign planning.
- **Euro-Mediterranean exchange** – direct cooperation with peers from both shores of the Mediterranean, where climate vulnerabilities meet social inequalities.

Mediation and Advocacy Competences and Tactics for Sustainable Futures responds to these needs. For six working days in Vienna, 32 youth workers from Austria, Croatia, France, Italy, Latvia, Tunisia, Algeria, Egypt and Lebanon learn environmental mediation, climate conflict analysis and advocacy by doing: role-plays, case studies from their own countries, design thinking, an immersive simulation and a study visit to the United Nations in Vienna. They leave with a set of ready-to-use tools, a local follow-up plan and a network of peers across Europe and the South Mediterranean.

2. Objectives

The training course aims to:

1. Strengthen youth workers' capacity to bring climate justice into their work, turning complex environmental issues into accessible and engaging learning for young people.
2. Equip youth workers with environmental mediation and climate conflict transformation tools they can use with young people and communities.
3. Develop peaceful advocacy skills – non-violent communication, negotiation, stakeholder mapping and campaign planning – so that young people can make their voices heard safely and effectively.
4. Build intercultural and cross-sectoral skills for cooperation across Euro-Mediterranean realities.
5. Support youth workers in engaging under-represented young people – from rural areas, NEET backgrounds and young women – in climate dialogue and action.
6. Co-create an open online library of climate mediation tools, methods and case studies, and design local follow-up initiatives in every partner country.

What you will take home

- Practical models for analysing and transforming climate conflicts, such as the Conflict Assessment Framework, the Thomas-Kilmann model and Galtung's conflict triangle.
- Mediation and negotiation skills, practised in role-plays, case studies and an immersive simulation of climate conflicts.
- Design thinking and project-planning tools for sustainable, youth-led initiatives.
- First-hand insight into how the United Nations in Vienna – and UNIDO in particular – works on sustainable development.
- An online library of all materials and tools from the training, your own local follow-up plan, an international network of peers and a Youthpass certificate.

3. Our Learning Approach

The course follows the principles of non-formal and experiential learning, drawing on Global Citizenship Education (GCED) and Education for Sustainable Development (ESD): you take part in an activity, reflect on it, and turn it into practice for your own context. Every input is linked to the question “how would I use this with young people?”. Participants are not only learners but co-creators – you will lead morning centering sessions, present your country’s realities and share your own methods in the open space.

Methods include team-building games, the Balaton analysis, World Café, fishbowl discussions, think-pair-share, mind-mapping, role-play, forum theatre, case and scenario analysis, conflict analysis, design-thinking workshops, an immersive simulation, a study visit, peer feedback and action planning.

How we support your learning

- **Morning centering** – every day starts with a short exercise for body and mind, prepared by a small group of participants.
- **Daily reflection** – your “River Journey” journal at the end of each day, together with reflection duos or small groups.
- **Youthpass Mandala** – a personal map of the key competences you develop, which feeds into your Youthpass at the end.
- **Mid-term evaluation** – in national groups on Day 4, so the team can adapt the rest of the programme to the group.

The working language is English. Trainers use accessible language and visual materials throughout.

4. Programme at a Glance

Six working days, framed by an arrival day and a departure day. The programme builds step by step: team building and foundations, key concepts of environmental mediation, sustainable development and the UN study visit, conflict transformation skills, project design, and finally harvesting and follow-up.

Day	Morning	Afternoon	Evening
Tue 10 Nov *Arrival day*	Arrivals during the day · check-in from 14:00	Informal welcome and first icebreaker from 17:00	Welcome dinner nearby, 18:30–20:30
Wed 11 Nov *Day 1 · Team building and foundations*	Team building and group agreement · Training objectives and Balaton analysis of expectations	Youthpass and reflection methods · Country realities: poster gallery	Intercultural evening
Thu 12 Nov *Day 2 · Key concepts*	Understanding environmental mediation · Introduction to climate conflict analysis	Introduction to sustainable development · Linking conflict transformation and sustainability	Game night
Fri 13 Nov *Day 3 · Sustainable development and UN visit*	Deep dive into the SDGs · Design thinking for sustainable projects	Study visit to the UN headquarters in Vienna, with a focus on UNIDO*	Open space: participants share their own methods
Sat 14 Nov *Day 4 · Conflict transformation*	Theories of climate conflict transformation · Mediation skills in role-plays	Advanced transformation strategies · Reflective practice	Mid-term evaluation, then game night
Sun 15 Nov *Day 5 · Transformative projects*	Planning climate mediation projects · Climate mediation in practice: case studies	Building holistic initiatives in national teams (parts A and B)	Free evening
Mon 16 Nov *Day 6 · Harvesting and moving forward*	Transfer to local youth work and follow-up roadmap · Learning outcomes and final journaling	Recognition and evaluation · Youthpass certificates · Stepping over the home boundary	Closing and farewell evening
Tue 17 Nov *Departure day*	Breakfast, check-out and departures		

** The UN visit depends on security clearance; bring your passport or ID card. The programme is provisional and may be adapted to the group’s needs and the study-visit host’s schedule.*

A typical day

08:00–09:00	Breakfast
09:00–09:30	Morning centering, prepared by participants
09:30–13:00	Morning sessions, with a break from 11:00 to 11:30
13:00–14:30	Lunch
14:30–18:00	Afternoon sessions, with a break from 16:00 to 16:30
18:00–18:30	Reflection time
18:30–19:30	Dinner
from 19:30	Evening programme

Timings shift on the study-visit day (Fri 13 Nov). Lunch on that day is not covered.

5. Who Takes Part

The training course is for youth workers, trainers, facilitators, youth leaders and volunteers who work with young people on climate action, civic participation, peace education or non-formal education, and who want practical tools for mediation and advocacy.

Participant profile

- Aged 24 to 35.
- Resident in one of the nine participating countries and selected by the partner organisation of that country together with AOD.
- Actively working with young people, or motivated to start; some experience of non-formal education activities is an advantage.
- Able to work in English (at least B2 level) – all sessions are in English.
- Available for the whole training, from arrival on 10 November to departure on 17 November 2026.
- **From Tunisia, Algeria, Egypt or Lebanon:** you already hold a valid Schengen visa, or another valid right to enter Austria, covering 10–17 November 2026.
- Committed to acting as a multiplier: implementing a local follow-up activity after the training and sharing the results.

Group composition

32 youth workers from nine countries. National groups are gender-balanced and include participants with fewer opportunities. Together with the team of three, the group counts 35 people.

Austria	Croatia	France	Italy	Latvia	Tunisia	Algeria	Egypt	Lebanon
4 · host	4 places	4 places	3 places	4 places	4 places	2 places	4 places	3 places

How to apply

> **Online application form – apply as soon as possible, at the latest by Wednesday 28 October 2026**
> **https://forms.gle/w8TmdUPx2cTBm9yu9**
>
> Applications are reviewed as they arrive, and you will hear from us within two days. Complete the form and let the partner organisation of your country know that you have applied. Places are confirmed by the partner organisation together with AOD, based on motivation, profile and the balance of the group.

6. Your Journey: Before, During and After

Before the training

- Apply as soon as possible through the online form (forms.gle/w8TmdUPx2cTBm9yu9), by 28 October at the latest.
- Once selected, sign the participation agreement and send a copy of your passport or ID card within 24 hours.

- Send your proposed route and its cost within 24 hours, and buy your tickets within 48 hours of approval – by 31 October at the latest.
- Fill in the pre-training questionnaire: your experience, expectations, dietary and accessibility needs.
- **Country realities:** with your national group, prepare a poster or infographic on the climate realities young people face in your country, for the gallery on Day 1.
- **Intercultural evening:** with your national group, prepare 15–20 minutes of something interactive from your country – a dance, a song, a language lesson or a game – rather than a presentation. Food and drinks to share are welcome.

During the training

- Take part in all sessions – full attendance is required for the Youthpass.
- Help prepare one morning centering with a small group, keep your learning journal and give honest feedback in the mid-term and final evaluations.
- Bring your passport or ID card on Friday 13 November for the security check at the UN.

After the training

- **Local follow-up:** with your national team, implement at least one local activity with young people – a workshop, a webinar, a campaign or a community event – using tools from the training, by 30 January 2027. Each country's follow-up reaches at least 15 young people.
- **Documentation:** send an attendance list, 3–5 photos and a short report (template provided) for your follow-up activity.
- **Dissemination:** publish at least one online post about the training, present what you learned in your organisation and add your tools to the online library.
- **Online follow-up meeting:** Thursday 10 December 2026, to share first results and plan next steps.

7. Key Dates

When	What happens
as soon as possible, by Wed 28 Oct 2026	Application deadline – online application form
within 2 days, by Thu 29 Oct	Selection confirmed by e-mail; participation agreement signed and ID copy sent within 24 hours
within 24 hours of selection	Proposed route and cost sent to AOD
within 48 hours, by Sat 31 Oct	Tickets bought after approval and shared with AOD
10–17 Nov 2026	Arrival in Vienna on Tue 10 Nov, training course Wed 11 – Mon 16 Nov, departure on Tue 17 Nov
Fri 13 Nov 2026	Study visit to the UN headquarters in Vienna – bring your passport or ID card
by Tue 1 Dec 2026	Travel documents sent to AOD
Thu 10 Dec 2026	Online follow-up meeting
by Sat 30 Jan 2027	Local follow-up activity implemented and documented

Need support to take part?

If anything could make your participation more difficult – accessibility, health, dietary needs, travel or personal circumstances – tell us in the pre-training questionnaire or write to arabdiplomacy.org@gmail.com. We will look for a solution together with you and your sending organisation.

8. Venue and Accommodation

Jugendgästehaus Wien Brigittenau
Adalbert-Stifter-Strasse 73, 1200 Vienna, Austria
Training sessions, accommodation and meals all take place at the same venue, about 15 minutes from the city centre by public transport.

- Shared rooms with participants of the same gender, mixed with participants from other countries. If you have a preferred roommate, tell us in the questionnaire.
- Full board from breakfast on 11 November to breakfast on 17 November. The welcome dinner is at a restaurant near the venue, 18:30–20:30, for those who have arrived by then – it cannot be arranged for later arrivals. Lunch on the study-visit day (13 November) is not covered.
- Participants from Vienna take part without accommodation: they join the programme days from 11 to 16 November and sleep at home. Meals during the programme days are included.
- Please tell us about dietary requirements or allergies in the pre-training questionnaire.
- Check-in from 14:00 on the arrival day; check-out after breakfast on the departure day.
- Towels and shampoo are not provided by the hostel – bring 2–3 towels, your own toiletries, a reusable water bottle and a mug.

House rules

- Smoking is not allowed anywhere inside the building. The hostel charges a €700 penalty for smoking in the rooms.
- Quiet hours in rooms and corridors start at 22:00. Please respect the other guests of the hostel.
- Alcohol and drugs are not permitted during the activity at the venue.

A look at the venue


The Jugendgästehaus Wien Brigittenau


Seminar room


Seminar room


Buffet


Breakfast buffet


Dining hall


Room with bunk beds


Room with bunk beds


Room with washbasin

Photos: Jugendgästehaus Wien Brigittenau (ÖJHV)

9. Travel and Reimbursement

There is no participation fee. The programme, accommodation, meals and materials are covered by the Erasmus+ Programme. Travel to and from Vienna is reimbursed on the basis of actual costs, up to the limits below per person for the return journey. Any costs above these limits are carried by the participants themselves.

Country	Distance band	Maximum refund	Note
Austria	–	**no travel grant**	local participants
Croatia	100–499 km	**€285**	green travel
France	500–1,999 km	**€309**	
Italy	500–1,999 km	**€309**	
Latvia	500–1,999 km	**€309**	
Tunisia	500–1,999 km	**€400**	valid Schengen visa needed
Algeria	2,000–2,999 km	**€400**	valid Schengen visa needed
Egypt	2,000–2,999 km	**€400**	valid Schengen visa needed
Lebanon	2,000–2,999 km	**€400**	valid Schengen visa needed

Distance bands follow the official Erasmus+ distance calculator. Croatia travels green – by train, bus or car-sharing in both directions; if green travel is not used, the limit is €211.

Visa

Participants from Tunisia, Algeria, Egypt and Lebanon can only be selected if they already hold a valid Schengen visa, or another valid right to enter Austria, covering 10–17 November 2026. For administrative reasons we cannot provide invitation letters or support with visa applications.

Booking and reimbursement rules

- Travel dates are Tuesday 10 November (arrival) and Tuesday 17 November 2026 (departure). Other dates must be agreed with AOD in advance; extra nights are at your own cost.
- Send your proposed route and its cost to arabdiplomacy.org@gmail.com within 24 hours of selection, and buy your tickets only after approval – within 48 hours, by 31 October at the latest.
- Only travel to and from Vienna is reimbursed. Local transport – between the airport or station and the venue, and within Vienna – is your own contribution.
- Keep all e-tickets, boarding passes (outward and return), invoices and proof of payment, and send them to arabdiplomacy.org@gmail.com by 1 December 2026.
- The refund is paid by bank transfer after the training, once your local follow-up activity has been implemented and documented.
- **Cancellation:** costs are paid in advance, so if you cancel, drop out or miss the activity after signing the participation agreement, a compensation fee of €500 (€300 for participants from Vienna) applies, as set out in the agreement.

Getting to the venue

- **From Vienna Airport (VIE):** take the ÖBB S7 or REX7 train towards Floridsdorf and get off at Handelskai, then walk about 8 minutes to the venue. Trains run every 30 minutes; buy an ÖBB ticket at the station machine or in the ÖBB app.
- **From Wien Hauptbahnhof (trains from Croatia and Italy):** take the U1 to Praterstern, then any S-Bahn towards Floridsdorf two stops to Handelskai.
- **From the Erdberg bus terminal (VIB):** take the U3 to Landstraße/Wien Mitte, then any S-Bahn towards Floridsdorf to Handelskai.

For live connections, use the WienMobil or ÖBB app, or Google Maps.

10. Practical Information

Vienna in mid-November

Expect cold, often grey weather, typically between 2 °C and 9 °C, with rain possible. Bring warm layers, a waterproof jacket and comfortable shoes for the study visit and walking in the city. Shops are closed on Sunday 15 November; some supermarkets at the large train stations stay open.

What to bring

- **Passport or ID card** – also needed on 13 November for the security check at the UN.
- **Health insurance:** AOD insures all participants during the activity. In addition, every participant takes out their own travel health insurance covering the whole stay; participants from EU countries also bring their European Health Insurance Card (EHIC).
- Your country realities poster and materials for the intercultural evening.
- Towels, toiletries, a reusable water bottle and a mug.
- Any personal medication. A laptop or tablet is useful but not required. Power sockets in Austria are type C/F, 230 V.

Money

Austria uses the euro (€). Cards are widely accepted, but some small shops and cafés prefer cash. Tap water in Vienna is excellent to drink.

Safety and wellbeing

A safety briefing is held on the arrival evening. A designated support person from the team is available throughout the training for any personal, practical or health-related concern. In an emergency, call 112 (European emergency number), 144 (ambulance), 133 (police) or 122 (fire brigade).

Recognition

All participants who attend the whole programme receive a Youthpass certificate documenting their learning, together with a certificate of participation from AOD.

11. The Organisers, the Team and Contacts

AOD – Arab Organisation of Diplomacy coordinates and hosts the training course. AOD is a youth-led non-governmental organisation based in Vienna that works on diplomacy, cultural exchange, civic education and advocacy. Since 2020 it has run Model United Nations and Model European Union simulations, the AOD Youth Policy Academy, fellowships and trainings on negotiation, conflict resolution and peacebuilding, linking the local challenges of young people with global agendas.

EMOTiC (European Multidisciplinary Organization for Training and International Consulting) supports the training course. It is a non-profit organisation based in Vienna working in non-formal education, training and international cooperation.

The training team

- **Mohamed Sakr – lead trainer, project manager and your first contact (AOD).** Project manager, trainer and expert in social innovation, entrepreneurship, digitalisation and innovative learning methods; active in Erasmus+ since 2014.
- **Hajer Hechmi – support team.** Youth trainer in social cohesion, community change, project management and conflict transformation.
- **Ana Stipanović – support team (EAST, Croatia).** Trainer from the European Academy of Strategic Training and Business, an NGO specialised in experiential learning, simulations and gamification.

Contact	Role	How to reach
AOD	Routes, travel documents and all questions	arabdiplomacy.org@gmail.com Rauhensteingasse 7/18, 1010 Vienna
Mohamed Sakr	Lead trainer and first contact	arabdiplomacy.org@gmail.com

12. Checklist Before You Travel

☐	Online application form submitted	☐	Participation agreement signed, ID copy sent
☐	Route approved by AOD before buying tickets	☐	Tickets bought by 31 October and shared
☐	Pre-training questionnaire completed	☐	Country realities poster ready
☐	Intercultural evening prepared with your national group	☐	Passport or ID card (also for the UN visit)
☐	Own travel health insurance (and EHIC)	☐	Schengen visa valid for 10–17 Nov (Tunisia, Algeria, Egypt, Lebanon)
☐	Towels, toiletries, water bottle and mug	☐	All tickets and boarding passes kept for the refund

We look forward to welcoming you in Vienna!

Please read this info pack carefully and keep it at hand while you travel. If anything is unclear, contact your sending organisation or write to us at arabdiplomacy.org@gmail.com.