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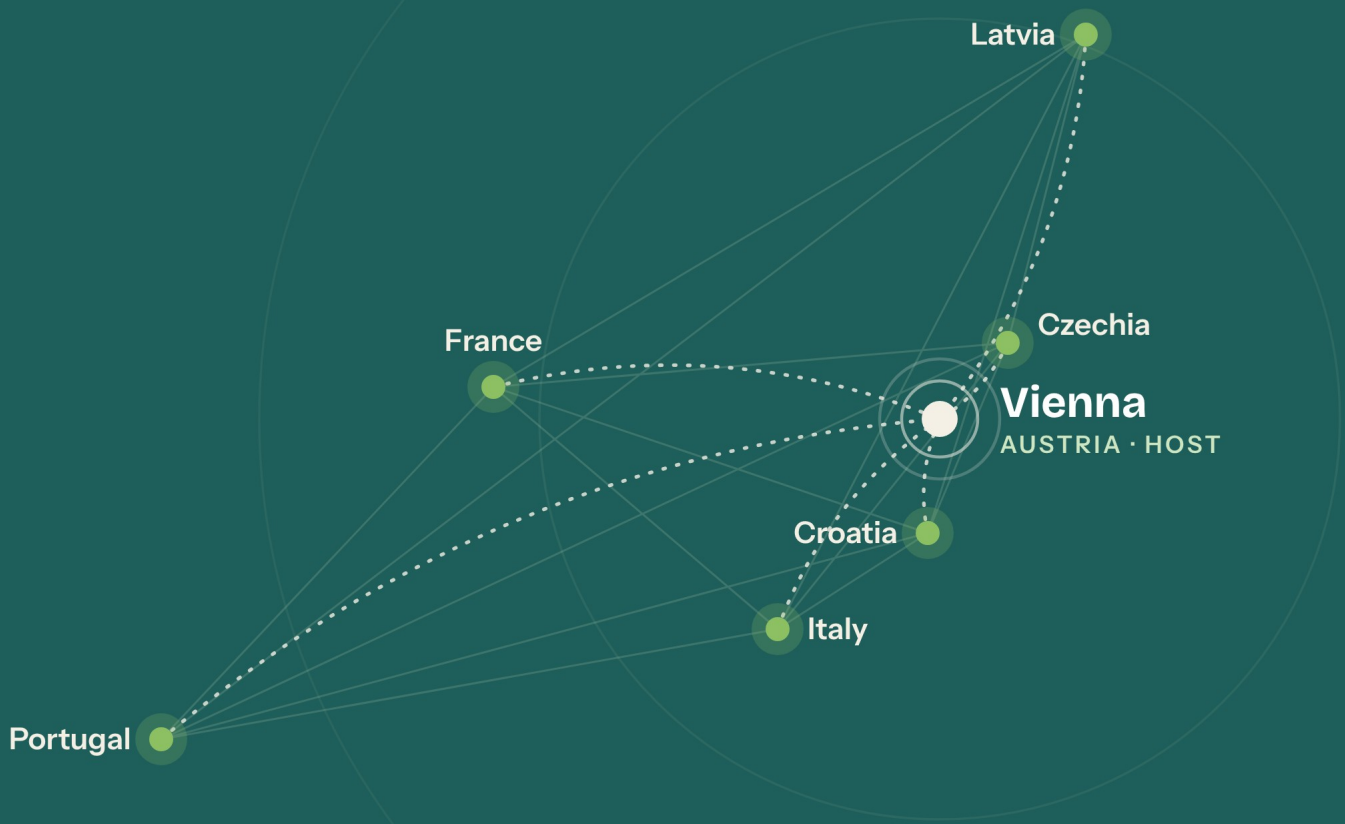
HOSTED AND COORDINATED BY

EMOTiC
European Multidisciplinary Organization for Training and international Consulting

Sustainability Empowerment

Community of Practice

Erasmus+ Training Course for Youth Workers (KA153)



Vienna, Austria · 23–30 October 2026

Austria · Croatia · Czechia · France · Italy · Latvia · Portugal

28 youth workers · 4 places per country · including arrival and departure days

Apply by 20 October 2026

Application form: https://forms.gle/cMehchAsn7V2ePC16

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1. About the Training Course

Climate and the environment have ranked among the top concerns of young people in Europe for years, alongside the cost of living. Yet many young people feel overwhelmed by how complex these topics have become – from climate misinformation and greenwashing to supply-chain ethics and e-waste – and climate anxiety is rising. Youth workers are the people who can help them turn that concern into informed, constructive action, but they often lack the tools to do it.

In preparatory consultations with our partner organisations, youth workers described three gaps:

- **Tools gap –** many rely on lecture- or discussion-based methods and have little access to interactive tools such as board games, simulations or structured workshop formats.
- **Facilitation gap –** topics such as misinformation, climate anxiety, greenwashing and supply-chain ethics need careful moderation, which most have never been trained in.
- **Exchange gap –** there are few structured chances to swap proven methods with peers from other countries and build a lasting professional network.

Sustainability Empowerment Community of Practice responds to these gaps. For six working days in Vienna, 28 youth workers from Austria, Croatia, Czechia, France, Italy, Latvia and Portugal learn by doing: they play and facilitate sustainability games and simulations, practise moderating sensitive topics, visit an EU site in Vienna, and exchange their own favourite methods at the Toolfair. They leave with a portfolio of ready-to-use tools, a local follow-up plan and a network of peers – a community of practice that continues after the training.

2. Objectives

The training course aims to:

1. Equip youth workers with a diverse set of innovative educational tools for sustainability education – board games, interactive workshops, simulation games and digital resources.
2. Strengthen moderation and facilitation skills for engaging, participatory workshops on complex topics such as climate misinformation, climate anxiety, supply-chain ethics, e-waste and greenwashing.
3. Facilitate the exchange of good practice through the Toolfair, so participants discover, experience and adapt methods from colleagues across Europe.
4. Deepen critical understanding of interconnected sustainability issues, including ecological and water footprints, responsible consumption, social justice and climate governance.
5. Build lasting professional networks and co-design a roadmap for future cooperation among the participating organisations.
6. Develop concrete follow-up activities that participants implement in their own communities, creating a multiplier effect for young people across Europe.

What you will take home

- Hands-on experience with a curated selection from our collection of more than 10 sustainability board games, and how to debrief them.
- Three simulation games you have played and analysed: Checkmate (developed by EMOTiC), GreenQuest and a sustainability governance simulation.
- A portfolio of around 28 methods collected at the Toolfair, documented and shared in a common online folder.
- Practical techniques for moderating sensitive and contested sustainability topics with young people.
- Your own local follow-up plan, an international network of peers and a Youthpass certificate.

3. Our Learning Approach

The course follows the principles of non-formal and experiential learning: you take part in an activity, reflect on it, and turn it into practice for your own context. Every input is linked to the question “how would I use this with young people?”. Participants are not only learners but co-creators – you will lead morning energisers, present your own tool at the Toolfair and help shape the roadmap for future cooperation.

Methods include team-building and getting-to-know activities, World Café, myth-busting challenges, sharing circles, product research in small groups, values ranking, online footprint calculators, the SDG Intelligence cards, simulation games, board games, a study visit to an EU site in Vienna, peer feedback and action planning.

How we support your learning

- **Home groups –** small mixed-nationality groups that meet every evening to reflect on the day.
- **Learning buddies –** each participant is paired with a buddy from another country for peer support and short daily check-ins.
- **Learning journal –** your personal record of what you learn, which feeds into your Youthpass at the end.
- **Mid-week evaluation –** an anonymous questionnaire on Day 4 so the team can adapt the rest of the programme to the group.

The working language is English. Trainers use accessible language and visual materials throughout.

4. Programme at a Glance

Six working days, framed by an arrival day and a departure day. The programme follows a progressive arc: foundations of non-formal education, critical climate information, climate and social justice, footprints and a study visit, the Toolfair, and finally simulation, action planning and closure.

Day	Morning	Afternoon	Evening
Fri 23 Oct *Arrival day*	Arrivals throughout the day (10:00–20:00), registration and check-in · welcome circle after dinner		Welcome dinner nearby, 18:30–20:30
Sat 24 Oct *Day 1 · Foundations of non-formal education*	Deep introductions and team building · Project framework, non-formal learning and the Toolfair	Personal learning goals, home groups and group agreement · Experiential learning and facilitation	Intercultural evening
Sun 25 Oct *Day 2 · Critical climate information*	Climate misinformation and media literacy · Climate anxiety and emotional wellbeing	Myths Busting Challenge · Checkmate – climate governance simulation	Optional documentary and discussion
Mon 26 Oct *Day 3 · Climate and social justice*	Product research workshop · Responsible consumption and values ranking	GreenQuest simulation game	Sustainability board games evening
Tue 27 Oct *Day 4 · Footprints, SDGs and study visit*	Ecological and water footprints · SDG Intelligence cards	Study visit to an EU site in Vienna · Links to youth work	Mid-week evaluation, then free evening
Wed 28 Oct *Day 5 · Toolfair and board games*	Toolfair introduction · Toolfair round 1	Toolfair round 2 · Reflection and tool adaptation	Board games deep dive
Thu 29 Oct *Day 6 · Simulation, action planning and closure*	Sustainability governance simulation · Introduction to Youthpass	Individual action planning · Partnership roadmap · Final evaluation	Closing circle, Youthpass certificates and farewell evening
Fri 30 Oct *Departure day*	Breakfast (08:00–10:00), check-out and departures		

The programme is provisional and may be adapted to the group’s needs and the study-visit host’s schedule.

A typical day

08:00–09:30	Breakfast
09:30–10:00	Morning energiser, led by participants from Day 2
10:00–13:00	Morning sessions, with a break from 11:30 to 11:50
13:00–14:30	Lunch
14:30–17:30	Afternoon sessions, with a short break
17:30–18:00	Home group reflection
18:00–19:00	Dinner
from 19:30	Evening programme

Timings shift slightly on Day 3 and on the study-visit day (Day 4), when lunch is taken at a restaurant near the study-visit location.

5. Who Takes Part

The training course is for youth workers, trainers, facilitators and youth leaders who work with young people on sustainability, climate action or non-formal education, and who want new tools and the confidence to use them.

Participant profile

- Aged 24 to 35.
- Resident in one of the seven participating countries and selected by the partner organisation of that country.
- Actively working with young people, with some experience of interactive or non-formal learning activities.
- Able to work in English (at least B2 level) – all sessions are in English.
- Available for the whole training, from arrival on 23 October to departure on 30 October 2026.
- Ready to prepare and present one educational tool at the Toolfair.
- Committed to implementing a local follow-up activity after the training and to sharing the results.

Group composition

Each country sends 4 participants – 28 youth workers in total. National groups are gender-balanced and include participants with fewer opportunities. Together with the team of three trainers, the group counts 31 people.

Austria	Croatia	Czechia	France	Italy	Latvia	Portugal
4 places · host	4 places	4 places	4 places	4 places	4 places	4 places

How to apply

Online application form – deadline: Tuesday 20 October 2026

https://forms.gle/cMehchAsn7V2ePC16

Complete the form and let the partner organisation of your country know that you have applied. Places are confirmed by the partner organisation together with EMOTiC, based on motivation, profile and the balance of the group.

6. Your Journey: Before, During and After

Before the training

- Complete the online application form (forms.gle/cMehchAsn7V2ePC16) by 20 October; once selected, sign the participation agreement and share a copy of your passport or ID card with your sending organisation.
- Fill in the pre-training questionnaire: your experience, expectations, dietary and accessibility needs.
- Join the online welcome meeting with all participants and the team on 21 or 22 October (time and link by e-mail).
- **Toolfair task:** choose one favourite educational tool you use with young people – an energiser, a workshop format, a game, a reflection method – ideally linked to sustainability. You will present it in 5–7 minutes at rotating stations, so bring any materials you need and a short written description (a template will be sent).
- **Intercultural evening:** with your national group, prepare 15–20 minutes of something interactive from your country – a dance, a song, a language lesson, a game or a traditional sustainable practice – rather than a presentation. Food and drinks to share are welcome.

During the training

- Take part in all sessions – full attendance is required for the Youthpass.
- Co-lead a morning energiser with a small group and join your home group every evening.
- Keep your learning journal and give honest feedback in the mid-week and final evaluations.

After the training

- **Local follow-up:** implement at least one local activity with young people – a workshop, a board-game session or a community event – using tools from the training, by 15 December 2026. Together, the seven national teams will reach more than 200 young people.
- **Documentation:** send an attendance list, 3–5 photos and a short report (template provided) for your follow-up activity.
- **Dissemination:** publish at least one online post about the training and present what you learned in your organisation.
- **Online follow-up meeting:** 4–6 weeks after the training, to share early results and keep the community of practice going.

7. Key Dates

When	What happens
Tue 20 Oct 2026	Application deadline – online application form
Wed 21 Oct 2026	Selection confirmed by e-mail; participation agreement signed and ID copy sent
as soon as confirmed	Proposed route and cost sent to EMOTiC; tickets bought only after approval
21–22 Oct 2026	Online welcome meeting (time and link by e-mail)
23–30 Oct 2026	Arrival in Vienna on Fri 23 Oct, training course Sat 24 – Thu 29 Oct, departure on Fri 30 Oct
by Fri 13 Nov 2026	Travel documents sent to EMOTiC
late Nov – early Dec 2026	Online follow-up meeting
by Tue 15 Dec 2026	Local follow-up activity implemented and documented

Need support to take part?

If anything could make your participation more difficult – accessibility, health, dietary needs, travel or personal circumstances – tell us in the pre-training questionnaire or write to emotic.org@gmail.com. We will look for a solution together with you and your sending organisation.

8. Venue and Accommodation

Jugendgästehaus Wien Brigittenau

Adalbert-Stifter-Strasse 73, 1200 Vienna, Austria

Training sessions, accommodation and meals all take place at the same venue, about 15 minutes from the city centre by public transport.

- Shared rooms with participants of the same gender, mixed with participants from other countries. If you have a preferred roommate, tell us in the questionnaire.
- Full board from the welcome dinner on 23 October to breakfast on 30 October. The welcome dinner is at a restaurant near the venue, 18:30–20:30, for those who have arrived by then – it cannot be arranged for later arrivals. On 27 October lunch is at a restaurant near the study-visit location.
- Please tell us about dietary requirements or allergies in the pre-training questionnaire.
- Check-in from 14:00 on the arrival day; check-out after breakfast on the departure day.
- Towels and shampoo are not provided by the hostel – bring 2–3 towels, your own toiletries, a reusable water bottle and a mug.

House rules

- Smoking is not allowed anywhere inside the building. The hostel charges a €700 penalty for smoking in the rooms.
- Quiet hours in rooms and corridors start at 22:00. Please respect the other guests of the hostel.
- Alcohol and drugs are not permitted during the activity at the venue.

9. Travel and Reimbursement

There is no participation fee. The programme, accommodation, meals and materials are covered by the Erasmus+ Programme. Travel to and from Vienna is reimbursed on the basis of actual costs, up to the limits below per person for the return journey. Any costs above these limits are carried by the participants themselves.

Country	Distance band	Maximum refund	Note
Austria	–	**no travel grant**	–
Croatia	100–499 km	**€285**	green travel
Czechia	100–499 km	**€285**	green travel
France	500–1,999 km	**€309**	
Italy	500–1,999 km	**€309**	
Latvia	500–1,999 km	**€309**	
Portugal	2,000–2,999 km	**€395**	

Distance bands follow the official Erasmus+ distance calculator. Croatia and Czechia travel green – by train, bus or car-sharing in both directions; if green travel is not used, the limit is €211.

Booking and reimbursement rules

- Travel dates are Friday 23 October (arrival) and Friday 30 October 2026 (departure). Other dates must be agreed with EMOTiC in advance; extra nights are at your own cost.
- Send your proposed route and its cost to emotic.org@gmail.com and buy your tickets only after approval.
- Only international travel to and from Vienna is reimbursed. Local transport – between the airport or station and the venue, and within Vienna – is your own contribution.
- Keep all e-tickets, boarding passes (outward and return), invoices and proof of payment, and send them to emotic.org@gmail.com by 13 November 2026.
- The refund is paid by bank transfer after the training, once your local follow-up activity has been implemented and documented.

Getting to the venue

- **From Vienna Airport (VIE):** take the ÖBB S7 or REX7 train towards Floridsdorf and get off at Handelskai, then walk about 8 minutes to the venue. Trains run every 30 minutes; buy an ÖBB ticket at the station machine or in the ÖBB app.
- **From Wien Hauptbahnhof (trains from Czechia and Croatia):** take the U1 to Praterstern, then any S-Bahn towards Floridsdorf two stops to Handelskai.
- **From the Erdberg bus terminal (VIB):** take the U3 to Landstraße/Wien Mitte, then any S-Bahn towards Floridsdorf to Handelskai.

For live connections, use the WienMobil or ÖBB app, or Google Maps.

10. Practical Information

Vienna in late October

Expect autumn weather, typically between 5 °C and 14 °C, often windy and with rain possible. Bring warm layers, a waterproof jacket and comfortable shoes for the study visit and walking in the city.

- Clocks go back one hour during the night of Saturday 24 to Sunday 25 October (end of summer time).
- Monday 26 October is Austria's National Day, a public holiday. Most shops are closed that day and on Sunday 25 October; some supermarkets at the large train stations stay open.

What to bring

- Passport or ID card – also needed on the study-visit day, as EU sites run security checks at the entrance.
- Your European Health Insurance Card (EHIC) – please show it on arrival. Travel insurance is recommended.
- Materials for your Toolfair tool and for the intercultural evening.
- Towels, toiletries, a reusable water bottle and a mug.
- Any personal medication. A laptop or tablet is useful but not required.
- Power sockets in Austria are type C/F, 230 V.

Money

Austria uses the euro (€). Cards are widely accepted, but some small shops and cafés prefer cash. Tap water in Vienna is excellent to drink.

Safety and wellbeing

A safety briefing is held on the arrival evening. A designated support person from the team is available throughout the training for any personal, practical or health-related concern. In an emergency, call 112 (European emergency number), 144 (ambulance), 133 (police) or 122 (fire brigade).

Recognition

All participants who attend the whole programme receive a Youthpass certificate documenting their learning, together with a certificate of participation from EMOTiC.

11. The Team and Contacts

EMOTiC (European Multidisciplinary Organization for Training and International Consulting) is a non-profit organisation based in Vienna working in non-formal education, training and international cooperation. It runs Erasmus+ and CERV projects for young people and youth workers, develops educational games and simulations such as Checkmate, and offers local volunteering, internships and thematic workshops in Vienna.

The training team

- **Mohamed Sakr – lead trainer (EMOTiC).** Project manager, trainer and expert in social innovation, entrepreneurship, digitalisation and innovative learning methods; active in Erasmus+ since 2014.
- **Hajer Hechmi – project manager and trainer (EMOTiC).** Youth trainer in social cohesion, community change and conflict transformation; your first contact for practical questions.
- **Ana Stipanović – trainer (EAST, Croatia).** Trainer from the European Academy of Strategic Training and Business, an NGO specialised in experiential learning, simulations and gamification.

Contact	Role	How to reach
EMOTiC	Routes, travel documents and all questions	emotic.org@gmail.com Rauhensteingasse 7/18, 1010 Vienna
Hajer Hechmi	Project manager	emotic.org@gmail.com
Mohamed Sakr	Lead trainer	emotic.org@gmail.com

12. Checklist Before You Travel

☐	Online application form submitted	☐	Participation agreement signed, ID copy sent
☐	Pre-training questionnaire completed	☐	Route approved by EMOTiC before buying tickets
☐	Tickets bought and itinerary shared	☐	Toolfair tool ready: materials and short description
☐	Intercultural evening prepared with your national group	☐	Passport or ID card, and EHIC
☐	Towels, toiletries, water bottle and mug	☐	Warm, waterproof clothes and comfortable shoes
☐	All tickets and boarding passes kept for the refund	☐	Venue address and contact numbers saved on your phone

We look forward to welcoming you in Vienna!

Please read this info pack carefully and keep it at hand while you travel. If anything is unclear, contact your sending organisation or write to us at emotic.org@gmail.com.